



What you need to know – La Strada La Plata Gravel Ride - May 27, 2018

If you registered on or before April 15, 2018 your bib number will be mailed to you the first week of May **with the exception of zip codes 81301/81302/81303/81122/81137/81326**. Those zip codes and riders registering after April 15, 2018 will pick up your bib number Friday May 25th, 3:00 PM -7:00 PM at Buckley Park, 12<sup>th</sup> and Main, Durango.

**\*\*\*\*\*This is not a Race\*\*\*\*\***

Prepare for ride day, put on bib # and also # on bike. Numbers must be visible on course at all times. Prepare bottles, food, spare clothes for ride. Plan ahead for bad weather and be prepared.

- Ride will start at 9am at 9<sup>th</sup> and Main Street in Durango. Riders will rollout as a group to the edge of town.
- **NO IPODS/Earbuds – they are a safety issue. If we identify riders using IPODS or other MP3 players we will remove them from course.**
- Once you are on road stay to the right. Also keep an eye out for hazards on the road such as potholes and debris. **You must obey all traffic laws while on the course, it is not a closed so there will be vehicles etc.. on the route. Please be safe and follow all normal traffic rules. You are responsible for your own safety.**
- There will be one aid station on the short course and two on the long course (see map on webpage after May 1 for exact locations.) There will be hydration and nutrition options at the aid station but if you are specific in your needs haul your own supplies to be safe.
- Riders will finish on Main Street where you started. Please be cautious as you enter downtown area as you will be joining in on the MTB course and sharing the pavement.

- The long course is approximately 58 miles with 4700 feet of climbing and over 34 miles of gravel. The short course is approximately 40 miles with 3000 feet of climbing and 27 miles of gravel.
- There are other cycling events taking place on Sunday May 27<sup>th</sup> in Downtown Durango with beer gardens. Live music and other entertainment. Come join us after you finish.
- Thank you for joining the tradition! We encourage all participants to take in what our area has to offer. Please keep in mind an event that has lasted this long because of the outpouring of support from our participants, volunteers, sponsors, law enforcement and community. We are happy to have you here. We hope you enjoy your experience!!!
  
- **The IHBC contributes a portion of all entry fees to supporting the Mercy Health Foundation and other programs in our region.**